

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

December 2022 Glengariff

All programs are subject to change/Independent LTA's available upon request

				1 10:15 Morning Social 10:45 Monthly Gazette and Daily Horoscope 2:30 Paint & Sip w/ Alicia	2 10:15 Morning Social 10:45 Guided Muscle Relaxation 2:30 BINGO! 4:00 Leisure Cart Visits	3 10:15 Morning Social 10:45 Balloon Volley 2:30 Travelogue: The Frozen Wonderland 4:00 Musical Stroll
4 10:15 Morning Social 11:00 Virtual Mass 2:30 Resident's Choice 4:00 Meet & Greet	5 10:15 Morning Social 10:45 Heart Healthy 2:30 Food Council 1W DR 4:00 Rosary 1W DR	6 10:15 Morning Social 10:45 Trivia Tuesday: Family Feud 2:30 Ice Cream Social	7 10:15 Catholic Mass 10:45 Morning Social 2:30 Movie Matinee: Holiday Favorites 4:00 Musical Stroll	8 10:15 Morning Social 10:45 Puzzles & Word Games 2:30 Watercolor Workshop	9 10:15 Morning Social 10:45 Mindful Meditation 2:30 BINGO! 4:00 Leisure Cart Visits	10 10:15 Morning Social 10:45 Toss & Talk 2:30 Manicures & Hand Massages 4:00 Musical Stroll
11 10:15 Morning Social 11:00 Virtual Mass 2:30 Gingerbread House Fun! 4:00 Meet & Greet	12 10:15 Morning Social 10:45 Heart Healthy 2:30 Poker & Tabletop Games 4:00 1:1 Friendly Visits	13 10:15 Morning Social 10:45 10:45 Trivia Tuesday: Who, What, When? 2:30 National Cocoa Day Social	14 10:15 Morning Social 10:45 Current Events 2:30 Adult Education: Recipes from Around the World	15 10:15 Morning Social 10:45 Puzzles & Word Games 3:00 Resident Council 1W DR 4:00 Friendly Visits	16 10:30 Musical Memories w/ Mulad 2:30 National Ugly Sweater Day Social 4:00 Leisure Cart Visits	17 10:15 Morning Social 10:45 Balloon Volley 2:30 Star of the Month: Humphrey Bogart 4:00 Musical Stroll
18 10:15 Morning Social 11:00 Virtual Mass 2:30 The Start of Hanukkah Music & Fun 4:00 Meet & Greet	19 10:15 Morning Social 10:45 Heart Healthy 2:30 Poker & Tabletop Games 4:00 Rosary 1W DR	20 10:15 Morning Social 10:45 Trivia Tuesday: Jeopardy 1:00 Musical Stroll w/ Vance 2:30 Virtual Reality w/ Harrison	21 10:15 Morning Social 10:45 Recall & Reminisce 2:30 Holiday Party & Gift Giving w/ Ray Watson <small>Winter Begins</small>	22 10:15 Morning Social 10:45 Puzzles & Word Games 2:30 Winter Arts & Crafts	23 10:15 Morning Social 10:45 Guided Muscle Relaxation 2:30 BINGO! 4:00 Leisure Cart Visits	24 10:15 Morning Social 10:45 Junk Drawer Detective 2:30 Deck the Halls Musical Memories 4:00 Musical Stroll
25 10:15 Morning Social 11:00 Virtual Mass 2:30 Have a Merry Christmas Social 4:00 Christmas Carol Stroll <small>Christmas</small>	26 10:15 Morning Social 10:45 Kwanza Trivia & Coloring Pages 2:30 Poker & Tabletop Games 4:00 Friendly Visits <small>Boxing Day (Canada) New Year's Eve</small>	27 10:15 Morning Social 10:45 Trivia Tuesday: Finish the Phrase 2:30 Ice Cream Social	28 10:15 Morning Social 10:45 What's in the News? 2:30 Birthday Party w/ Dave Patrick	29 10:15 Morning Social 10:45 Puzzles & Word Games 2:30 Watercolor Workshop	30 10:15 Morning Social 10:45 2:30 BINGO! 4:00 Leisure Cart Visits	31 10:15 Morning Social 10:45 Balloon Volley 2:30 Ringing in the New Year Social 4:00 Musical Stroll <small>New Year's Eve</small>